VI Peel Treatment Post Care Instructions

Day 1: 4 Hours Post Treatment

- Cleanse the skin using Gentle Purifying Cleanser provided in your kit. Rinse with cool water and pat dry.
- Apply 1st Purify Post Peel Towelette to areas where the peel was applied. Use gentle pressure and discard towelette and wash hands.
- Wait 10 minutes, then apply a thin layer of Post Treatment Repair Cream provided in your kit as needed. You may apply makeup if desired.

1 Hour Before Bedtime

• Follow the same steps as shown above, applying your 2nd Purify Post Peel Towelette.

Day 2: Morning

- Cleanse the skin using Gentle Purifying Cleanser provided in your kit. Rinse with cool water and pat dry.
- Apply a thin layer of Post Treatment Repair Cream provided in your kit as needed. You may apply makeup if desired. Reapply as often as needed.
- Apply SPF 50 sunscreen provided in your kit, even if it is not a sunny day. Reapply throughout the day.

1 Hour Before Bedtime

- Cleanse the skin using Gentle Purifying Cleanser provided in your kit. Rinse with cool water and pat dry.
- Apply your 3rd Purify Post Peel Towelette to areas where the peel was applied and use gentle pressure. Discard the towelette and wash hands.
- Wait 10 minutes, then apply a thin layer of Post Treatment Repair Cream provided in your kit as needed.



VI Peel Treatment Post Care Instructions

Day 3: Morning

- Cleanse the skin using Gentle Purifying Cleanser provided in your kit. Rinse with cool water and pat dry.
- Apply a thin layer of Post Treatment Repair Cream provided in your kit as needed. You may apply makeup if desired. Reapply as often as needed.
- Apply SPF 50 sunscreen provided in your kit, even if it is not a sunny day. Reapply throughout the day.
- Avoid rubbing, pulling, picking, and peeling the skin. This can cause irritation, scarring, and pigmentation.

Evening

- Cleanse the skin using Gentle Purifying Cleanser. Apply Post Treatment Repair Cream as needed.
- After day 7, you may resume your normal skincare routine. For the biggest benefit
 from your VI Peel Treatment, we recommend continuing with the VI Derm Gentle
 Purifying Cleanser and VI Derm SPF 50 Sunscreen, plus incorporating other skincare
 essentials from the VI Derm line.

