

Semaglutide Instructions



Semaglutide should be injected subcutaneously on the same day, at the same time, weekly. Dosage will differentiate based off patient.

- Week 1-4 will be the same dosage.
- Weeks 5-8 your dosage will increase if there is a plateau.
 - If you plan to continue semaglutide after 10 weeks, please contact us during week 8 to set up a follow-up appointment.
- Weeks 9-12 your dosage will continue to increase if you reach a plateau.
- Weeks 13-16 your dosage will continue to increase if you reach a plateau.
- Week 17 and beyond, you will maintain your dosage for the duration of your treatment.

How to inject Semaglutide:

- Using an alcohol wipe, cleanse the area to be injected. We recommend injecting the alternating sides of the abdominal area each week.
- Pinch around the area to be injected to immobilize the area. Inject the needle and dispense the contents of the syringe.
- Be sure to dispose of your syringe in an appropriate sharps container or return to our office.

Reordering Semaglutide:

- If you would like to continue using semaglutide please contact us 3 weeks prior to the end of your current supply. It takes 3 weeks to order refills from the compounding pharmacy.
- Semaglutide is a long-acting medication so if you miss a dose while waiting for a refill, it should not impact your program. Semaglutide will stay active in your body for over a month after stopping use.

Ending Semaglutide Treatment:

- There are two main options when you reach your target/goal weight.
 - Monthly maintenance doses - you can take your final dose and use that for monthly injections to maintain your weight loss.
 - Taper off the medication - you can take your final dose and taper with injections every other week, decreasing the dose in the opposite direction.
 - We do not recommend stopping after your final dose. This can lead to increased hunger and enjoyment of food, which can contribute to rapid weight gain.

For any additional post care questions, please call us at 540-323-7254 and visit us at blossomaesthetic.com



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Call Blossom Medical right away if you experience any of the following symptoms:

Signs of infection include:

- Drainage - looks like pus
- Increased warmth at or around the treated area
- Fever of 101.5 or greater
- Extreme itching
- Excessive bleeding from the treatment site

Stop using semaglutide and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back.

Call your healthcare provider if you have symptoms, such as pain in your upper stomach (abdomen), fever, yellowing of the skin or eyes (jaundice), or clay-colored stools.

Stop using semaglutide and get medical help right away, if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue, or throat; problems breathing or swallowing; severe rash or itching; fainting or feeling dizzy; or very rapid heartbeat.

Tell your healthcare provider if you have changes in vision during treatment with semaglutide.

You should pay attention to any mental changes, especially sudden changes in your mood, behaviors, thoughts, or feelings. Call your healthcare provider right away if you have any mental changes that are new, worse or worry you.

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