

Hydrafacial

Post Care Instructions

- Do not wash your face until the following morning using a gentle face wash.
- Avoid use of topical products containing AHAs, Retinols, Vitamin A, for 3 days post treatment.
- No exfoliating for one week post treatment, as your skin has just received an exfoliation.
- Do not exercise on the day of your treatment as this will produce sweat and remove the hydration serum.
- Avoid hot environments and heat sources, such as the sun, saunas, sun beds, and hot yoga for the next 48 hours.
- Avoid swimming pools for the next 48 hours.
- Apply SPF 30 + every day post treatment.

For any additional post care questions, please call us at 540-323-7254 and visit us at blossomaesthetic.com



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