

Hydroquinone

Post Care Instructions

Months 1-3:

- Bleach and Blend:
 - 1-2 pumps Bleaching Cream in the morning
 - 1 pump Bleaching Cream, 1 pump Blending Cream, and 1 pump Retinol (Complex A or Wrinkle and Texture Repair) in the evening

Month 4:

- Weeks 1-2 HQ 3x/week
- Weeks 3-4 HQ 2x/week
- Transition to Brightalive and/or Retinol Skin Brightener on alternate days

Month 5:

- Weeks 1-2 HQ 1x/week
- Weeks 3-4 HQ 0-1x/week
- Transition to Brightalive and/or Retinol Skin Brightener on alternate days

Patients can continue to use 1 pump Blending Cream with Retinol for 2 additional months. Do not stop using HQ abruptly. You should gradually transition off of HQ onto a non-HQ protocol. A 4-8 week transition period is recommended. Choose 4 weeks if pigment is resolved. Choose an 8 week transition if pigment is still not clear.

You are required to wear daily SPF.

For any additional post care questions, please call us at 540-323-7254 and visit us at blossomaesthetic.com

