



# BBL HEROic

## Post Care Instructions

There is virtually no downtime after this non-invasive procedure, in most cases you are able to apply make-up and return to work immediately following this treatment. You may notice darkening of your pigmented spots, followed by fading and flaking off at a later stage. Follow your personalized aftercare plan until skin is completely healed - typically one week after treatment. The skin on your body might take longer to heal, compared to your face. If the treated area is especially warm within the first 12 hours after the treatment, a cold compress or ice pack can be used to provide comfort.

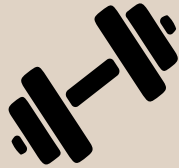
To ensure proper care following your BBL HEROic treatment, please follow these recommendations:



Cleanse skin with gentle cleanser 2x a day



Apply moisturizer when skin feels dry + SPF 30 daily



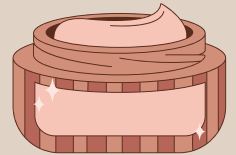
Avoid strenuous exercise & sweating until skin has healed



Wear sunscreen SPF 30+ with UVA/UVB protection + a wide brim hat. Avoid direct sun for 14 days



Discomfort can be managed with OTC pain reliever



Avoid exfoliants, shaving, too hot or cold water, and swimming pool while your skin heals

For any additional post care questions, please call us at 540-323-7254 and visit us at [blossomaesthetic.com](http://blossomaesthetic.com)



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